



“I am the LORD your God, who brought you out of the land of Egypt,
out of the house of slavery; you shall have no other gods before me.”

- Exodus 20:2-3

October 4, 2026

ROLLING HILLS UNITED METHODIST CHURCH

310-377-6771

**SUNDAY WORSHIP HOURS
8:30 & 10:00 a.m. and 5:30 p.m.**

www.rhumc.org

OUR CHURCH AT WORSHIP

October 4, 2026

8:30 & 10 a.m.

*As we gather we hope you will visit quietly with friends.
Please silence cell phones.*

*Standing - if comfortable

PRELUDE

“Suite in A Major” – Handel

Althea Waites

*CALL TO WORSHIP

adapted from Psalm 19

Leader: The heavens declare the glory of God, and the skies proclaim his handiwork.

People: His law is perfect, reviving our souls and giving wisdom to the simple.

Leader: The commandments of the Lord are radiant, giving light to our eyes today.

People: His precepts are right, bringing joy and gladness to our hearts.

Leader: The fear of the Lord is pure, and his ordinances are altogether righteous.

People: They are more precious than gold, and sweeter than honey from the comb.

Leader: Let us worship the One whose word warns us, guides us, and rewards us.

**People: May the words of our mouths and the meditations of our hearts
be pleasing to you, Lord.**

*HYMN

“O For a Thousand Tongues to Sing” vs 1-3 & 5

#57

**O for a thousand tongues to sing
My great Redeemer’s praise,
The glories of my God and King,
The triumphs of his grace!**

**My gracious Master and my God,
Assist me to proclaim,
To spread through all the earth abroad
The honors of thy name.**

**Jesus! the name that charms our fears,
That bids our sorrows cease;
'Tis music in the sinner’s ears,
'Tis life, and health, and peace.**

**He speaks, and listening to his voice,
New life the dead receive;
The mournful, broken hearts rejoice,
The humble poor believe.**

PRAYER OF CONFESSION AND RENEWAL

Unison: Most Holy God, we confess that we have often placed other desires above you and carved out idols of comfort and control in our hearts. We have taken your name in vain through our thoughtless words and failed to honor the sacred rest and worship you commanded. Wash us clean through your mercy, write your law upon our hearts, and renew our spirits so that we may walk joyfully in your ways.

SILENT PRAYER

WORDS OF ASSURANCE

Michele Nelson

People: Thanks be to God!

*CONGREGATIONAL RESPONSE

#64

**Holy, holy, holy! Lord God Almighty,
Early in the morning our song shall rise to thee.
Holy, holy, holy! Merciful and mighty,
God in three persons, blessed Trinity!**

THE LIFE OF THE CHURCH

Bonnie Hawk

Welcome pads are at the seats closest to the center aisle. Please share your name and any helpful information and pass down the row. Afterward please return to the aisle seat.

THE WORD FOR CHILDREN

Sunny Park

*The children are invited to gather in front of the steps for a brief sermon and prayer.
Afterward, they may leave for Sunday School or stay for the rest of the service.*

ANTHEM

"Once to Every Man and Nation" – David Stanley York

Chancel Choir

SCRIPTURE

Michele Nelson

- Exodus 20:1-4, 7-9, 12-20

The Ten Commandments

p. 82, Old Testament

SERMON

"Laws that Liberate"

Sunny Park

PRAYER OF THANKSGIVING AND INTERCESSION

Bonnie Hawk

THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil,
For thine is the kingdom, and the power, and the glory, forever. Amen.**

OFFERING OUR GIFTS AND OURSELVES

OFFERTORY

Althea Waites

*DOXOLOGY

#95

**Praise God from whom all blessings flow;
Praise him all creatures, here below;
Praise him above, ye heavenly host;
Praise Father, Son and Holy Ghost. Amen.**

MUSICAL OFFERING

10:00 am service

PRAYER OF THANKSGIVING

Leader: The Lord be with you.

People: And also with you.

Leader: Lift up your hearts.

People: We lift them up to the Lord.

Leader: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise...

...the mystery and power of our faith.

People: Christ has died, Christ has risen, Christ will come again.

BLESSING AND SHARING THE BREAD AND CUP

(As you come forward to receive the elements, those wishing to make a communion offering may place their gifts in the baskets near the front of the two side aisles.)

8:30 – Marilyn Schafer 10:00 – Debby McDonald

*HYMN

“One Bread, One Body”

#620

**(Refrain) One bread, one body, one Lord of all, one cup of blessing which we bless.
And we, though many throughout the earth, we are one body in this one Lord.**

**Gentile or Jew, servant or free,
Woman or man, no more. (Refrain)**

**Many the gifts, many the works,
One in the Lord of all. (Refrain)**

**Grain for the fields, scattered and grown,
Gathered to one, for all. (Refrain)**

*BENEDICTION AND CONGREGATIONAL RESPONSE

Sunny Park

**Lord, dismiss us with thy blessing, fill our hearts with joy and peace.
Let us each, thy love possessing, triumph in redeeming grace.
O refresh us, O refresh us, traveling through this wilderness.**

POSTLUDE

“Toccata in F Major” – Buxtehude

Althea Waites

Today's altar flowers are from:

- Scott & Jan Sharpe in celebration of their 64th wedding anniversary.

New to the Church?

We are grateful that we can worship together. Please use our digital welcome pad by opening the QR code. Thank you!



Rev. Bonnie Hawk, Senior Pastor
Rev. Kristin Sutrave, Associate Pastor
Paula Kuno, 3rd Service Music
Myra Ghabrial, Preschool Director
Natalie Telyatnikov, Community Life Director
Wade Welch, Treasurer
Catherine Dingman, Business Manager

Rev. Sunyoung Park, Associate Pastor
Charles Dickerson, III, Music Director
Althea Waites, Organist
Debra DeLuca, Children's Ministry Director
Gabby Palacios, Kid Zone Director
Peggy Roulette, Church Office Administrator
Miguel Portillo, Custodian