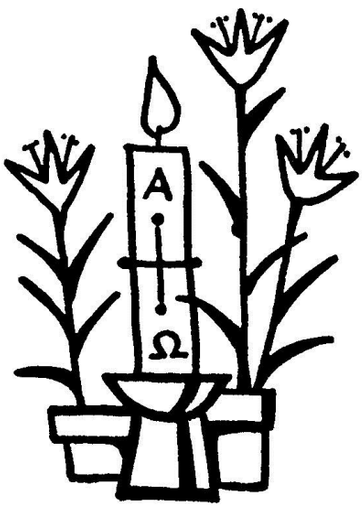
SUNDAY WORSHIP HOURS
8:30 & 10 a.m. and 5:30 p.m.
CHURCH OFFICE HOURS
Monday – Friday 9 a.m. – 5 p.m.
Next Cornerstone deadline is March 18th
www.rhumc.org

The Cornerstone
Rolling Hills United Methodist Church
26438 Crenshaw Blvd.
Rolling Hills Estates, CA 90274
310-377-6771
March, 2013

Holy Week At Rhumc



March 24 – **Palm Sunday**, children's palm procession into the church. Taco Night after the evening service.

March 28 – **Holy Thursday Tenebrae Service** at 7:30 p.m. Tenebrae means shadows and at this service pew candles will be gradually extinguished to commemorate the crucifixion of Christ.

March 29 – **Annual Red Cross Good Friday Blood Drive**
from noon to 6 p.m. in Wesley Hall.

7:30 – Good Friday Service and Concert performing *Requiem* by John Rutter at 7:30 p.m. Joining the Chancel Choir will be the Collegiate Choir of Harbor College, the Inner City Youth Orchestra of Los Angeles, and soprano Jessica Tisdale.

March 30 – **Easter Egg Hunt** at 9:00 a.m. on the church ampus. Please bring a dozen plastic eggs to the church office by Friday, March 29 filled with toys or candy.

March 31 – **Easter Services 8, 9:30, 11 a.m. and 5:30 p.m.** Hot Cross buns and Donut Sunday during the morning serves.

Within this holy week it is possible to experience reflection, meditation, sacrifice, peace, and finally, the joy of Easter. May you and yours take the opportunity of sharing this week with your church family.

from the pastor

The seasons of the year are seasons of grace. As we approach the beginning of Spring and the days grow longer, we give thanks for the gifts of the earth, and of green, growing things. As we move through Lent and draw closer to Easter we are reminded of all the other Lents, and all the other Easters we've known. The story is familiar. It really doesn't change. But we are different, and so we see it in a new light. We hear it speaking to us in a different voice.

It's something of a challenge for the preacher. I'm not complaining – I promise! But it is right to approach this season with humility. After all, it's not MY story! It belongs to each of us, and to all of us together. It has been passed down from the memories of those first followers of Jesus and carried in the hearts of the faithful. It has carried us as well.

The story of Jesus' resurrection brought something new and startling into the human story. Resurrection itself was not news. The ancient Egyptians had every expectation that they would be raised to life again. They prepared their tombs with all the supplies they'd need when that day would come. But resurrection for them was something way down the road. Christians also have a sense that there will come such a time for us.

What was new about the resurrection as Jesus spoke about it, and then as he lived it out, was that he was teaching his followers about what it means to experience it right here and now. The resurrection isn't something to which we only look forward. Those who encountered him experienced it in the midst of their daily lives. It was already happening. It was already there. He tells Martha, the sister of Lazarus, "I *am* the resurrection and the life."

So as we move through these next few Sundays, I invite you to listen again to something you already know well. A young son runs off and squanders the family fortune. A woman spends all she has to bless Jesus with costly perfume. Jesus enters Jerusalem to the sounds of triumph. He washes the feet of his reluctant disciples. We've heard the stories before. They're still the same. We can count on them. They haven't changed. But we have changed. And we look and listen through them for the grace of God, which scripture tells us is "new every morning."

Grace and peace,

Jonathan

Family Ministries

The Purposeful Reader's Book Club is now reading *The Righteous Mind: Why Good People are Divided by Politics and Religion,* by Jonathan Haidt. The meeting to discuss it will be on March 3 at 6:30 PM in the Aldersgate Room.

Family Ministries will be offering parenting classes for parents of preschool children in the month of March, and parents of elementary school children in April. **Parents of 2 and 3 year old children** can choose from an evening class on Wednesday, March 13 at 7:00, or morning classes on either Monday, March 11 or Tuesday, March 19 at 9:15.
Parents of 4 and 5 year old children can come on Tuesday evening, March 19 at 7:00, Wednesday, March 20 at 9:15, or Thursday, March 21 at 9:15.

Parents of elementary aged children are invited to attend on Thursday evening, April 4th. That class will begin at 6, a light dinner will be served. All classes last approximately 90 minutes, and childcare will be provided if reserved in advance. Topics covered will include emotional and physical characteristics of each age, and there will be time for parents to ask questions and share with each other solutions that they have found. There is no cost to attend, but we do ask that you sign up in advance so that we know how many people are coming and can prepare well. To sign up, come to the family ministry table on the patio, email familyministries@rhumc.org, or call 310-377-6771 x 105.

Club Maintenance

Club Maintenance activities in February included replacing and painting additional perimeter fence railings, replacing and staining missing siding shingles in the Pre-school, water blasting dirt and vegetation from the roof of the Office Building, cleaning soiled areas on the patio, temporarily sealing a gap in an exterior window, adjusting and lubricating a number of doors and door locks, and removing low hanging branches in the upper parking area. Those participating included Jonathan Chute, Dave Larson, Rich Prihode, Oren Sheldon, Jim Showalter and Peter Williams. The next opportunity to participate in one of these fix-and-repair sessions will start at 8:30 a.m. on Saturday, March 9. Your help is really needed in order to keep our facilities in good condition.

What is One Great Hour of Sharing?

One Great Hour of Sharing is one of the six church-wide Special Sundays with offerings of The United Methodist Church. One Great Hour of Sharing enables the United Methodist Committee on Relief (UMCOR) to live out its mission to alleviate human suffering. UMCOR responds to natural or human made disasters - those interruptions of such magnitude that they overwhelm a community's ability to recover on its own. RHUMC has designated Sunday, March 10th to donate to this very worthy outreach to communities near and far that have experienced devastation. Special envelopes will be inserted in the March 10th Sunday Worship bulletin.

Authority in My Tradition

The **Dawn Unity Group** will continue in its twelfth year as its Interfaith Discovery Series presents "Authority in my Tradition" at 7:30, March 12 at Congregation Ner Tamid, 5721 Crestridge Rd., RPV. The panelists will be Rev. Reinhard Krauss, St. Luke's Presbyterian Church, Fr. Tom Rausch SJ, Loyola Marymount University, and Rabbi Joel Rembaum, Congregation Ner Tamid with Bob Rothman as the moderator. The panel will discuss how both scriptural and organizational authority are applied in their faiths. Issues of modernization, as one example, are decided within those guidelines; papal selection, an important current topic, is another. Join us for an informative discussion so important to today's religions. For further information call (310) 833-7008.

Basketball Update

"Good Idea: Finding Easter eggs on Easter. Bad Idea: Finding Easter eggs on Christmas."

- Jack Handy

Our basketball schedule for March is:

		Sat., Mar 2nd, 2-4 pm
Mon., Mar 4th, 6-8 pm	Thurs., Mar 7th, 6-8 pm	Sat., Mar 9th, 2-4 pm
Mon., Mar 11th, 6-8 pm	Thurs., Mar 14th, 6-8 pm	Sat., Mar 16th, 2-4 pm
Mon., Mar 18th, 6-8 pm	Thurs., Mar 21st, 6-8 pm	Sat., Mar 23rd, 2-4 pm
Mon., Mar 25th, 6-8 pm	***Thurs., Mar 28th, No Basketball***	Sat., Mar 30th, 2-4 pm

If you would like to be sent reminders/updates regarding our schedule via email, please forward your email address to John Kwan at john@rhumc.org. We look forward to seeing you there!

Flower Arrangements for Sunday Services

Have you seen the new flower chart in the narthex? This easy to use chart will make it simple to order flowers for a special occasion. It can be a dedication for someone's birthday, anniversary, graduation, or the birth of a new baby. The dedication can also be in memory of someone close in your life. The cost is $40 and you may take the arrangement home after all the services – then it will brighten your home as well as your church home. Look for the new calendar in the narthex.

Women's Retreat 2014

We have once again booked Casa de Maria for Rolling Hills Women's Retreat the weekend of January 24-26 2014. Sign ups will take place in the Fall. Suzanne Barron will once again lead us on the retreat.

The Retreat Team – Patty, Chris, Terry, Thyra, Michele, and Diane

New to the Church?

If you are interested in learning more about Rolling Hills UMC and becoming a member, plan to join us this Sunday, March 3 at 11:30 for the next New Member Gathering. It's a relaxed and informal time where you'll meet others who are new to the church, hear about the life and work of the congregation, take a tour of the facility, share a light meal and learn a bit about the United Methodist Church. It's a helpful introduction for people who would like to know more than just what happens on Sunday mornings.

Many of the people who attend one of these gatherings decide to join the church, but there is no expectation that anyone do so. For those who do wish to join, we will be welcoming new members into the church on Sunday, March 10, at all three services.

Please call the church office at 310-377-6771 if you would like to attend. Childcare is available with a reservation.

Meet Peggy Roulette, Administrative Assistant

As many of you know, the Staff Parish Relations Committee has been conducting a search to fill the position of Administrative Assistant. Maureen Banasky returned to that job while SPRC began to re-organize the church office staffing and pursue filling this vacancy. We are pleased to announce the selection of Peggy Roulette.

In her own words, "I am so pleased to be given the opportunity to join the church staff as Administrative Assistant. My administrative background includes working at Mattel, Inc. for 10 years and before that I held administrative positions in corporate offices in New York City. These past 4 years I have been working part time as a Preschool Teacher and spending quality time raising our son, Ryan, who is now 11 years old and in middle school. My husband, Mark, and I have been married for 21 years and became members of the church about four years ago. During my spare time I enjoy trying out new recipes, taking long walks with our dog, and traveling around the country. I look forward to meeting many of our church parishioners."

We are fortunate to have two generations of Roulettes – Mark's parents, Ray & Gail Roulette, are also members of RHUMC. Mark enjoys singing in the choir as his schedule permits. Peggy is co-chair of Membership and Evangelism and has held that chair for the past few years. She will start on Monday, March 18th and we invite everyone to stop in to welcome Peggy.

Health & Wellness Opportunities

Upcoming: Our 19th annual American Red Cross Good Friday Blood Drive is on March 29th, noon – 6 p.m. According to Kim Davis, Donor Recruitment Representative, Torrance Memorial Hospital, our blood supply was negatively impacted by this year's flu season. Regular and new volunteers are invited to share the gift of life with those in need. Teens age 16 and older with qualifying health parameters may donate and earn hours toward their President's Volunteer Service Award. Sign up after church in March. **Child care will be provided with advanced notice.**

Health Tips: Sleep, Part I of II

An estimated 50-70 million adult Americans have a sleep and/or wakefulness deficit disorder. Some serious long-term health consequences of sleep deficits may include: impaired glucose intolerance associated with pre-diabetes, increased blood pressure, increased risk for heart disease, depression, obesity, and memory impairment.

Increased numbers of accidents and injuries are also related to consequences of poor sleep. Aim to protect your rest and sleep at night. I know that we lead very busy lives with multiple responsibilities, but try to invest in 7-9 hours of sleep nightly, even if you're only able to do this 2-3 nights a week. Children and teens require more sleep than adults. Try to protect their rest time, as well. Reserve the last hour of your evening for quiet, relaxing activities that are not mentally stimulating or stressful. More next month on how to foster, restore, and maintain good "sleep hygiene. (Ref.: "Sleep Disorders", Teisha Phillips, RN, BSN)

"Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life." Phil. 4:5-7, The Message

For questions and concerns, please contact Parish Nurse, Annette Matsuda, at the church office, 310-377- 6771, ext. 116.

SAVE THE DATE FOR TOBERMAN FUNDRAISER! FOR TICKET INFORMATION, CALL 310-832-1145

Sunday, March 3, 2013 at 2:00 p.m. sharp!

Sundays at Two

~ presents ~

NATUR

Early Music Ensemble

Tara Bailey soprano, recorder
Stephan Haas harpsichord, organ, recorder, gemshorn
Stacey Helley mezzo-soprano, French specialist
Claire Fedoruk soprano, viola da gamba
Bianca Hall soprano, recorder, harpsichord

Southern California-based **Natur** is a historical music ensemble that specializes in music written prior to the 1800s. It consists of a multi-faceted group of professional singers and instrumentalists who are proficient on several instruments.

Free Admission

Donations for Cindy McCoy's 6th year with Hearts In Motion - Guatemala

RHUMC has again set up a special fund to support Hearts In Motion (HIM), a non profit organization which provides care and medical treatment for children, families and communities in Central and South America as well as the United States. In addition to over 20 mission trips which included fire fighter training, construction, medical/surgical care in the areas of dental, ob/gyn, and orthopedic, 2012 saw completion of projects such as the building of chicken coops for families of HIM Nutrition Center, and putting together water purifying systems for schools and community centers. 2012 also saw the groundbreaking and building of the year's biggest undertaking – the nearly completed Senior Center for the forgotten elderly.

This year Cindy will not personally be traveling on the March medical mission to Guatemala, and instead is partnering with Hearts in Motion to raise funds for needed furniture for the new Senior Center. The Senior Center is located in Gualan Zacapa near the HIM Nutrition Center and right next to the Reese House Orphanage which RHUMC helped to build. This construction should be finished in a couple of months. Last year, your support aided in the construction of this center for the abandoned elderly, and it's exciting to see that goal come to fruition in 2013! Approximately 30 seniors will be able to come in each day to have a meal, be in a safe environment and have some socialization. Well being checkups will also be done to determine a need for medical care and physical therapy.

As a Gerontologist, the elderly population carries a special place in Cindy's heart and she is seeking support from her church family to help reach this worthy goal. If you would like to help support this incredible work, please make a check out to RHUMC and write HIM in the memo line of your donation. Thank you!

UMW Mini Bazaar

SPRING ON OVER TO OUR SPRING MINI MARKET, MARCH 17!

Our United Methodist Women invite you to come and find the treasured gifts you may be looking for at our Bazaar before and after the two morning services. You will find hand-made Easter and other spring gift items to enjoy and share as gifts for your friends and family. When you take part in this you will be adding to the 'Pot of Gold' that will help UMW provide additional donations to our mission projects: Sierra Service project and St. Paul's Circle of Life program, as well as providing scholarships for Sierra Service participants, Kids Zone and our LOGOS youth program. Come and follow your heart and the rainbow to add to the pot of gold that will help others thrive and grow in the spirit of Christ.

P.S. UMW could use your help at our tables, between and after services on March 17 as well as inviting you to donate your favorite food items and/or craft items to be sold. Any questions? Call Lucy Ford at 310-791-0038 or Mary Larson cell ph. 310-613-8169.

50 Years Plus Anniversary Sunday

RHUMC youth prepare to serve our honorees on February 10th

Clockwise under their photo: Willie & Lorene Lucas, Hal & Pauline White, Bev & Dick Swan, and Fred & Ann Peitzman

Jr. & Sr. High Annual Flag Football
Super Bowl Game Sunday, February 3rd

Planting a garden takes rich soil, seeds, water, patience and lots of love – almost like raising children! We are blessed to be part of a community where we get to see children grow spiritually, socially and intellectually. It takes time and effort, but the results are amazing!

The proceeds from this year's Children's Auction are going to support children's physical fitness and nutrition. The Bible teaches us that "you are God's temple and the Holy Spirit dwells in you… therefore honor God with your body." God wants us to take care of our bodies and to see them as God's gifts! Through Preschool, Sunday School, Kid Zone and Mid Zone we have wonderful opportunities to teach our children to live whole, healthy l lives – both spiritually and physically.

Join us this year as we celebrate a whimsical evening,
remembering our favorite children's books…

When Myra Ghabrial was growing up her favorite book was a French nursery rhyme book.
When Lisa Williams was growing up hers was *Put Me in the Zoo*.

Our theme for the auction comes from the Dr. Seuss classic, *Oh, the Places You'll Go!*
So mark your calendar, save the date, and look forward to the journey!

***Oh, the Places You'll Go!* – Children's Auction**
Friday, April 19
7-10 p.m.
Norris Pavilion
Wonderful food, good friends and fun
Tickets - $50/person
Childcare and children's activities provided

You can help! You could donate a week at your place in the mountains, or host a dinner party here at home. You could contribute a bottle (or an assortment!) of fine wine. Tickets to the Dodgers, Lakers, Clippers and Kings are always popular auction items. We want to prepare an auction book where everyone can find something fun to bid on! You can also place an ad in the Bid Book, or make a donation directly!

For information on how to contribute auction items, donate directly or place an ad, please call Lisa Williams at the Church Office (310-377-6771)

We look forward to seeing you!

Warm regards,

Myra Ghabrial
Preschool Director

Lisa Williams
Kid Zone Director

RHUMC Kid Zone presents...

Everywhere Fun Fair

Spring Break Vacation Bible Camp 2013

Join us for a Global Celebration and World's Fair!

March 25-29 and April 8-12

1/2 Day (Ages 3—5th Grade) 9:00am-Noon $125/wk
Full Day (Kinder—5th Grade) 9:00am–4:00pm $225/wk
Early Care 7:30am-9:00am $30/wk
Late Care 4:00pm-6:00pm $40/wk

***Early Bird Discount- 10 % off when you register and pay in full by March 1st**
***Sibling Discount- 5% each**

For Registration Information:

Kid Zone Office
310-377-7302
kidzone.rhumc@gmail.com

RHUMC Children

Miracles

Sharing stories with our preschoolers during chapel about the miracles Jesus performed has been a wonderful way for me to prepare for Easter. We have learned about Jesus feeding the five thousand, Jesus walking on water, and why you need to keep your eyes on Jesus and follow him. As we approach Easter, one way to explain the greatest miracle of all is through a simple cocoon. A cocoon resembles the tomb, and Jesus' resurrection is like a beautiful butterfly. Another great way to explain the story is by

making “resurrection cookies” the night before Easter:

Ingredients

1 cup whole pecans
1 tsp. vinegar
3 egg whites
Pinch of salt
1 cup sugar
Zip lock bag
Spoon
Tape

Preheat oven to 300 F. Place pecans in Zip lock bag and crush into small pieces. Pour 1 tsp. of vinegar into mixing bowl. Add egg whites to vinegar. Add a pinch of salt and 1 cup of sugar.
Mix on high for12 to 15 minutes until stiff peaks are formed. Fold in crushed pecans.

Using a spoon, drop cookie dough onto waxed cookie sheet. Put the cookie sheet in the over, closed the door and turn the oven OFF. Tape the oven door shut and GO TO BED!

On Sunday morning, remove the tape, open the oven door and enjoy your cookies. Notice how hollow the cookies are inside? Imagine how Jesus’ followers felt when they opened the tomb and saw it was empty.

JESUS HAS RISEN! HE IS ALIVE!

Happy Easter,
Lisa Williams
Director of Children’s Ministries

Preschool

Mommy (or Daddy) & Me Classes
Wednesdays 9:15-11:15am
April 3-June 5

Preschool Fall Registration is happening now…
Our preschool has been serving our community for over 40 years.
Classes fill up fast, please contact Myra Ghabrial, Preschool Director for more information 310-377-0742

Sunday School

Palm Sunday
Sunday, March 24
8:30 & 10:00am

As Jesus entered Jerusalem, the crowds greeted him by waving palm branches. The children in the church will process into the sanctuary during the first hymn, waving palm branches to remind us of Jesus’ triumphal entry.

The children will be serving Hot Cross Buns between all services.

Easter Egg Hunt

Saturday, March 30
9:00 a.m. sharp

Bring your baskets and cameras and join the fun!

To RSVP please bring a dozen filled plastic eggs to the curch office by Friday, March 29th