



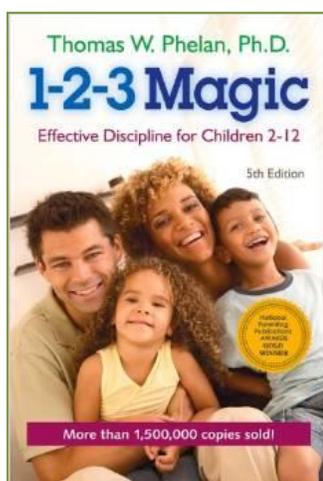
## The Cornerstone

Rolling Hills United Methodist Church  
26438 Crenshaw Blvd.  
Rolling Hills Estates, CA 90274  
310-377-6771

**October 2014**

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**Presented by Dr. Thomas Phelan**  
**Saturday, October 25<sup>th</sup>, 7:00 – 9:00 p.m.**

Learn amazingly simple techniques to get kids to STOP doing what you don't want them to do and to START doing what you want them to do. Dr. Thomas Phelan, the author of the bestselling and award winning *1-2-3 Magic Parenting Program*, will speak at our church on **Saturday, October 25<sup>th</sup>, from 7:00-9:00 p.m.** With three easy-to-follow steps, you will learn to manage troublesome behavior, encourage good behavior, and strengthen the parent-child relationship. A registered clinical psychologist, Dr. Phelan offers a “real world approach to solving family problems delivered in an easy to understand, everyday language.” Tickets are \$5, and all proceeds will go to *Imagine No Malaria*, a global partnership committed to preventing and fighting malaria. A reception and book signing of the newly revised 5th edition of *1-2-3 Magic* will immediately follow the presentation. For more information or to purchase tickets, visit [www.rhumc.org](http://www.rhumc.org) or call 310-377-6771.

### *from the pastor*



The first Sunday of October is World Communion Sunday. Around the world Christians from hundreds of different traditions gather around the Lord's table, break bread and share the cup of God's grace. As is our custom, we will hear the Prayer of Thanksgiving in a variety of languages and share bread from a number of different cultures. World Communion Sunday reminds us of the unity we share with God's people everywhere. In a world of many divisions it is a sign of community and hope.

Of course for some churches, communion is a weekly event. In the early years of the Methodist Church the practice of monthly, or even quarterly communion developed. That was mostly because clergy were in short supply. There just weren't enough ministers to cover every church on a weekly basis. So communion was celebrated when they could get there. That's not really true today, but the tradition continues. Churches are good at tradition!

For some years our tradition at communion has been for those coming forward to take a piece from the broken loaf. At times that seems more difficult for some. Tearing a piece of bread that is large enough to dip into the cup, but small enough to handle gracefully, is not always easy. We also welcome children to communion – I believe it was Jesus who said something about “let them come unto me.” At times they have a harder time with the bread as well.

So I have been thinking for some time about this, and talking about it with the Worship Committee as well. Our current thought is to try something different not this coming Sunday, but on the first Sunday of November. Rather than everyone tearing their own piece from the loaf, Doug and I will do so for each person who comes forward.

We hope that it will help us to receive this sign of God's grace with greater ease and simplicity. We believe that having fewer persons handling the loaf itself will help those with hygiene concerns to be more at ease during communion. Doug and I already wash our hands before each service, and will also use a hand wipe at the table before serving others.

I don't really like making changes for the sake of change. So I hope you will let me know your best thoughts on it as we move through the end of the year. As we approach 2015 we will decide whether or not it's a helpful change going forward.

Communion is one of the central acts of Christian worship. Though our celebration has varied widely over the centuries, it invites us back to the night of Jesus' Last Supper. We remember the sacrificial love of Christ which was shown that night. But communion is not only a celebration of something in the distant past. It also looks forward to the feast prepared for all people when God brings us together at last. On World Communion Sunday, we get to taste of what that will look like. See you at church!

Grace and peace,

*Jonathan*



*Doug Dickson  
Associate Pastor*

**Rocktober is Here!**  
**Friday, October 17<sup>th</sup>**  
**6:00 - 10:00 p.m.**

Our newest innovation in Rocktober will be unveiled on October 17<sup>th</sup> here at the church. A time of fun, food, games and time with friends. Rocktober's price has come down from last year's \$30 to \$20 per person. We'll still have a blast as some of our previous games and activities will be combined with a few new activities like rock walls to blow your socks off! So tell your friends, bring your brothers and sisters, and have the time of your life as you experience fun in a completely different way. Rocktober is for youth in Middle and High School that want to have a blast! For more information, contact Pastor Doug Dickson by email at [doug@rhmc.org](mailto:doug@rhmc.org).



## **Open House Sunday, October 19<sup>th</sup>!**

Mark your calendars for an open house, celebration and tour of the new choir room and parking area on **Sunday, October 19<sup>th</sup>**. That will be almost twenty years to the day since the dedication of the "new" sanctuary on October 24, 1994, so we have much to be grateful for that day!

We want to celebrate the occasion by acknowledging the contributions of the Building Committees who worked on each of these important projects. We will thank them in worship that morning, and invite all of you to join us at 11:30 a.m. for refreshments. Come and see the new restroom, the choir's robing area, our new sound and projection system. We have a wonderful new space for choir and music as well as lots of other classes and activities. Check out the enlarged parking area and landscaping, walk up and down the new access ramp, and give thanks for the vision, the hope and generosity that makes our mission possible!

## **The Dawn Unity Group**

The Dawn Unity Group will begin the 14<sup>th</sup> year of its Interfaith Discovery Series with "Moses the Lawgiver" on **Tuesday, October 7<sup>th</sup>**, at 7:30 p.m. at the Neighborhood Church, 415 Paseo Del Mar, PVE. Moses was chosen to lead the Hebrews from slavery to their promised land and receive the Torah at Sinai making him the most important person in the Hebrew Bible and a very important figure to Christians and Muslims as well as Jews. We will learn how he and his teachings are viewed from the panel which is composed of all three monotheistic faiths: Rev. Reinhard Krauss, who teaches "Abrahamic Religions" at UCLA; Prof. Amir Hussain of the Theological Studies Department at LMU; Rabbi Brian Schuldenfrei of Congregation Ner Tamid; and Rev. David Young of our host congregation. Bob Rothman will be the Moderator. The free 90-minute program will be followed by refreshments and a chance for further dialog with the panelists. For any questions, call (310) 833-7008.

## Rolling Hills United Methodist Women

The Rolling Hills United Methodist Women have long supported the mission of SERRV INTERNATIONAL with our purchases from the SERRV catalog. If you want to help support our Mission giving and beat the Holiday Shopping Rush, shop early from the SERRV catalog on line.

You may pick up an order form in the church office or download it from our website at [www.rhumc.org](http://www.rhumc.org), fill in your order from the SERRV catalog online, and return your order with a check or cash to the SERRV envelope in the office. Go to [www.serrv.org](http://www.serrv.org) for the SERRV catalog. It's very important you return your order to the church so that UMW will get credit for the order. 75% of the money raised goes directly to the artisans and UMW receives 25% that we give to our mission giving projects. SERRV International provides fair trade markets for the work of artisans in depressed areas around the world and has enriched the lives of many people. Some catalogs will be available in the church office. Please remember to return the catalog, along with your order, to the church office.

LAST DAY TO ORDER WILL BE AT THE MISSION MARKET ON SUNDAY, NOVEMBER 16<sup>th</sup>, BEFORE AND AFTER SERVICES.

UNITED METHODIST WOMEN say "Thank you Pastor Doug Dickson" for sharing yourself and your experiences in ministry at our UMW annual luncheon, September 20<sup>th</sup>. Doug was with our youth at this year's Sierra Service Project and is very busy in working with our youth in the Logos program here at the church. UMW supports both programs with our mission giving monies raised at our Mission Market.

## Missions Memos – News from the Missions Committee

### Imagine No Malaria

Have you always wanted to know how to paint ceramic tiles? Need a hand with vacuuming your home for a holiday party? Interested in a lesson with an expert furniture maker (with delicious lunch included)? As part of "Heifer Plus" Sunday (11/16) we'll be offering a Silent Auction to benefit "Imagine No Malaria" for fun activities and services, provided by members of our very own talented congregation! We'll keep adding to the list of fantastic auction items – please send an email to Susie Lines at [lines1@cox.net](mailto:lines1@cox.net) if you would be willing to donate a service or activity for our "catalog."

In case you missed the announcements and table at church in September . . . "Imagine No Malaria" is a global partnership of the United Methodist Church, the Bill and Melinda Gates Foundation, and the United Nations Foundation that is fighting malaria with supplies, grant money, education and advocacy programs.

Our donations can make a difference. To learn more about the project, visit [www.imagenomalaria.org](http://www.imagenomalaria.org).



### "Heifer Plus" Sunday

Mark your calendars and plan to visit the Mission Market and "Heifer Plus" on **Sunday, November 16<sup>th</sup>**.

After each morning service we will have the opportunity to:

- bid on Silent Auction items to benefit "Imagine No Malaria"
- choose a meaningful gift to give a loved one and help children and families around the world by donating to Heifer International
- contribute to Habitat for Humanity, who just celebrated the building of their 500th home in the Greater LA area this past August
- support the spiritual, educational, health and community outreach work of the missionaries sponsored by RHUMC

## Save the Date!

We are excited to announce the upcoming concert, "An Evening of Music for Two Pianos" featuring our own Althea Waites and Mark Uranker on **Friday, November 7<sup>th</sup>**, at 7:30 p.m. in our sanctuary. These two pianists have performed extensively throughout the U.S. and Europe as soloists and chamber musicians and as the Orpheus Duo. Both artists are on the keyboard faculty at the Bob Cole Conservatory of Music at California State University, Long Beach. Be sure to save the date!

*Sundays At Two*  
*Sunday, October 5, 2014 at 2:00 p.m.*  
*Two Stellar Concerto Soloists & Good Friends*  
*in a Rare Recital Together*  
Violinist **LINDA WANG** & Pianist **ROBERT THIES**



Since her solo debut with the New York Philharmonic under Zubin Mehta at the age of nine, Juilliard and USC-trained violinist Linda Wang has performed concertos with leading orchestras worldwide. Linda's numerous solo recitals have taken her across Europe, Asia, and the U.S. in such renowned venues as New York City's Carnegie Hall, Amsterdam's *Beurs van Berlage* and the Berlin *Schauspielhaus*. Ms. Wang is Associate Professor of Violin at University of Denver's Lamont School of Music.

Pianist Robert Thies won the Gold Medal at the International Prokofiev Competition in St. Petersburg, Russia in 1995. Since then he has been highly sought after as a concerto soloist by leading orchestras worldwide. Thies was recently appointed Director of Chamber Music for the European American Musical Alliance, in Paris, France, and he serves on the faculty of the Colburn School. Robert is returning to the Palos Verdes Peninsula where he grew up for his fifth appearance on the *Second Sundays At Two* series.



## Disciple Bible Study – Revised Starting Date & Time

Disciple III classes will begin on **Wednesday, October 8th**, at 6:30 p.m. in the Aldersgate room. The curriculum will cover prophets in the Old Testament and Paul's travels in the New Testament. This is a 32-week course and materials will cost \$40. **No prior requirements and all are welcome.** Sign-ups on the patio after Sunday services. For more information contact the church office or Rachel Stam at [familyministries@rhunc.org](mailto:familyministries@rhunc.org).



**Save the Date** - Here is Tom the Turkey going "gobble, gobble, gobble" to remind you about the upcoming Thanksgiving Dinner on **Saturday, November 22<sup>nd</sup>**, at 6:30 p.m. in Wesley Hall. He doesn't want us to remind you we will be serving "turkey" roasted in Weber Kettles, but it is okay to tell you about the corn pudding, mashed potatoes, cranberry "fluff" and cranberry sauce, along with pumpkin and apple pies. Donations of \$30.00 per adult and \$15.00 per child twelve and under will cover your dinner and the entertainment, and net proceeds will go to the "Imagine No Malaria" campaign to wipe out malaria around the world. Reservations will be taken starting Sunday, November 2nd, on the patio. We are thankful to Tom the Turkey for doing his part and we hope you will do yours! Anyone who wants to help or has any questions may call Suellen Fung at 1-310-541-8191 or Doug Kemps at 1-310-544-3240.

## Club Maintenance

A more than normal number of tasks were completed by Club Maintenance in September including: adding seals to three preschool doors, replacing light bulbs and string lighting in the patio trees, building a guard to keep sand out of a room air conditioner, repairing a shed door hinge, securing a loose facing board, caulking the bottom of a shed to keep rain from leaking underneath the edges, repairing a portable step, installing missing table leg tips, cleaning patio rain drain sumps, drilling out plugged pencil holes in the pews, patching and sanding drywall in the Sanctuary, cleaning an accumulation of items from the Wesley Hall service yard area, repairing/replacing a number of door stops, relocating the storage rails for the basketball mats, cleaning up around the dumpster area, repairing damaged tables, replacing a drinking fountain in Wesley Hall and sanding and priming part of the old handrails at the entrance stairs.

Those who participated included Bill Bails, Jonathan Chute, Gene Koester, Dave Larson, Dan Martin, Yasuko Martin, Rich Prihode, Eric Rasmussen, Oren Sheldon and Jim Showalter. The next Club Maintenance gathering starts at 8:30 a.m. on **Saturday, October 11<sup>th</sup>**. Please help out as there is plenty to do and special skills are not necessary.



**Children's Ministries**  
**Lisa Williams**  
**Director of Children's Ministries**  
*A Great Place to Grow*

## ***RHUMC Children***

School is back in session, homework has begun, and after-school activities are in full swing. Math can be a tricky subject; kids either love it or hate it. A few weeks ago in church, our parable was on the “Last and the First in the Vineyard.” God’s math does not add up. How can the vineyard worker who starts at 9:00 a.m. in the morning receive the same amount of money as the worker who starts at 5:00 p.m.? I am sure glad I didn’t have to solve this math problem in school.

It seems that the best answer to this question is that God welcomes everyone to the vineyard to help serve and to do work. This is not an easy concept to explain to children. In Sunday school we played games to demonstrate this concept. We had fun until one child realized that everyone was getting the same number of pretzels. He said, “Hey, that’s not fair! They got the same number of pretzels as me and they didn’t do anything.”

After much discussion, one of the kids said, “This story is kind of like trick-or-treating. Sometimes I get more candy than my brother and sometimes he gets more than me. I guess we just need to share so everyone has some.” That’s right, no matter how early or how late we show up, God’s grace is abundant and there is enough to go around. I like this answer – we may have to share our candy but there is enough of God’s grace for everyone.

As we prepare for Halloween, may we remember this story of God’s grace.



Please join us for our  
**Halloween Carnival**  
 Wednesday, October 29th  
 3:30 – 5:00 p.m. in Wesley Hall  
 Games, crafts & snacks  
 Bring a Friend  
 All are Welcome!



***Kids, Come Experience  
 A Different Kind of Christmas***

Wednesday afternoons November 5, 12, 19 & December 3, 10  
 Children ages 3 years old – 5<sup>th</sup> grade  
 After school 3:30 – 5:15 p.m.

As we prepare for Christmas, each week we will uncover new discoveries:



- Expect a Miracle
- Perfectly Loved by God
- Outrageous Love
- Jesus’ Wish List
- By a Different Road



We will gather for songs, play games, explore the Bible story, enjoy a craft, have a snack and meet new friends.

## Registration

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_ School attending: \_\_\_\_\_

Parent name: \_\_\_\_\_ Parent cell: \_\_\_\_\_

Parent name: \_\_\_\_\_ Parent cell: \_\_\_\_\_

Allergies: \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

Cost: \$20 includes all 5 weeks

For more information contact Lisa Williams

[rhunc.children@gmail.com](mailto:rhunc.children@gmail.com) or call 310-377-6771



### **Family Ministries** *Rachel Stam* *Director of Family Ministries*

Last month, I attended the potluck luncheon hosted by the United Methodist Women (UMW). For those of you unfamiliar with UMW, it is a community of women who meet on a regular basis for fellowship and study as well as to support the missions of our church. UMW is open to all women, so if you'd like to meet and connect with women at our church, I encourage you to check them out. Now, back to the luncheon...in addition to wonderful fellowship, one of the best parts of the luncheon was the food! I thought I'd share my salad recipe, since many of you asked. It is actually my girlfriend's recipe. She calls it her "Oklahoma Salad," because someone shared this recipe with her when she was in Oklahoma to bring home her newly adopted daughter. Enjoy!

#### **Salad Ingredients:**

2 heads of romaine lettuce (or large bag of prewashed lettuce)  
1 bunch broccoli  
1 bunch green onions  
1 6oz pkg of sunflower seed kernels  
2 pkg ramen noodles (found in soup aisle, omit seasoning packet)  
3 TBS olive oil + 3 TBS of butter  
Chopped chicken breasts (optional)

#### **Dressing Ingredients:**

½ cup of sugar  
½ cup of canola oil  
¼ cut of cider vinegar  
2 tsp. of soy sauce

**For Salad:** Melt the butter with olive oil in a non-stick pan. Crumble ramen noodles. Brown ramen noodles and sunflower seeds on low heat, about 30 minutes. Spread the seed mixture on a cookie sheet and cool completely. Chop lettuce, broccoli and green onions. Mix and toss with some of the dressing to taste (go slowly and don't dump the dressing all at once as it is very sweet on its own).

**For Dressing:** Place ingredients in a bowl and whisk together thoroughly. You will have some dressing left over after tossing with the salad. Always stir dressing from the bottom before using (sugar settles to the bottom).



Fellowship group is coming back as "Dinner for Eight" in January. More info to come in the upcoming months....

### **3<sup>rd</sup> Tuesday Walking Group**

Our next hike will be on **Tuesday, October 21<sup>st</sup>**, at Point Vicente Trail in Rancho Palos Verdes. We will meet at 10:00 a.m. at the entrance of the Point Vicente Interpretive Center located on 31501 Palos Verdes Drive West, Rancho Palos Verdes. Hope to see you there!



## Health & Wellness

*Annette Matsuda, RN, BSN*

*Parish Nurse*

*From your Health and Wellness Team...*

### Health and Investing Ourselves in the Next Generation

Along with good physical health habits, I believe that investing our hearts and help into younger members of our families and community is essential for all of us to thrive.

My three nieces have always held a special place in my heart. Being their aunt is delightful and important to me.

This past summer provided joyful opportunities for me to host all my nieces in my home. After graduating from the University of Redlands, my second niece, Debbie, moved in with me. Her sisters and parents visited briefly during the early weeks of the summer to celebrate her achievements.

After her family returned to the Philippines, Debbie settled into serious job searching. My goal was to help her flourish as she transitioned from college to career life. We'd both work hard during the day, then around 4pm, we'd go out for a hike, a walk, or to the beach to jump waves, exercise, and have fun. We enjoyed Hollywood Bowl concerts, dining together, sometimes with friends, did Bible studies together through the first 25 chapters of Isaiah and prayed together. We had many good talks.

In August, Debbie was hired by a large technical company in the Silicon Valley. I helped her move to the Bay Area. We enjoyed visiting relatives and relished great sight-seeing in San Francisco.

Then I returned home. I reflected on my three months with Debbie with a sense of deep appreciation for her, for God's hand on her life, and for my summer with her. I realized that this summer was especially enriched by my in-depth involvement in helping and encouraging her during an important transition in her life.

Let's love the children and youth in our families and community well by personally investing ourselves in them. If some of us are not currently involved in the lives of children, perhaps we can consider doing so. One good friend of ours here, Jackie Showalter, faithfully tutors children through our KidZone after school program. Many of you spend time with your grandchildren. Some of us can help through our wonderful Youth and Children's Ministries programs. May we all, in some way, pour ourselves into our children and youth and know the benefits of living well in this service.

Senior Pastor	Jonathan Chute	Music Director	Chuck Dickerson
Assoc. Pastor	Doug Dickson	Organist/Pianist	Althea Waites
Children's Min. & Kid/Mid Zone Dir.	Lisa Williams	3 <sup>rd</sup> Service Ensemble	Patti MacLeod
Preschool Director	Myra Ghabrial	Admin. Asst. to Pastor	Michele Nelson
Family Ministries Dir.	Rachel Stam	Church Office Admin.	Peggy Roulette
Jr. High Youth		Asst. Secretary	Ana Ysabel Lopez
Senior High Youth	Evan Griffiths	Treasurer	Robin La Tourette
Parish Nurse	Annette Matsuda	Bookkeeper	Nicole Lowery Zakman
		Facilities Manager	Rick Mitchell
		Custodian	Miguel Portillo
Church Office Phone	310-377-6771	Resident Bishop	Minerva Carcaño
Fax Line	310-544-4123	District Superintendent	Kathey Wilborn
Web Site	www.rhumc.org		

#### SUNDAY WORSHIP HOURS

8:30 & 10 a.m. and 5:30 p.m.

#### CHURCH OFFICE HOURS

Monday – Friday 9 a.m. – 5 p.m.

**Next Cornerstone deadline is October 22<sup>nd</sup>**

[www.rhumc.org](http://www.rhumc.org)